

**Cumru Township Fire Department  
Health Restrictions and Reporting Form**

**Member completes the following:**

Member Name: \_\_\_\_\_ Date of Report: \_\_\_\_\_

**I authorize my Physician to release information about my work restrictions only.**

Member Signature: \_\_\_\_\_

Briefly describe injury, illness or condition being reported: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Physician Name: \_\_\_\_\_ Date of Exam: \_\_\_\_\_

Physician Signature: \_\_\_\_\_

I have examined this CTFD member and determined he/she is affected by illness, injury or condition which impairs him/her from safely and effectively performing the tasks checked below:

_____ Operating motor vehicles	_____ Operating motor vehicles over 26,000 GVW
_____ Ascending/descending ladders	_____ utilizing Self-Contained Breathing Apparatus
_____ Lifting/carrying objects > 20 lbs.	_____ Carrying objects > 20 lbs on back
_____ Standing/walking > 10 minutes	_____ Heat/cold exposure >10 minutes

Other restriction(s)/limitation(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Duration of restriction(s)/limitation(s): \_\_\_\_\_ Days \_\_\_\_\_ Requires follow-up examination  
\_\_\_\_\_  
\_\_\_\_\_

**For Office Use Only:**

Date Received: \_\_\_\_\_ Received By: \_\_\_\_\_

Duty Restriction(s) Imposed: \_\_\_\_\_

Duration of Duty Restriction(s): \_\_\_\_\_ Days \_\_\_\_\_ until cleared by physician

Officer signature: \_\_\_\_\_

**References:**

Policy 10.8 Health Restrictions and Reporting